



11. Kirschlauf des USV Erfurt  
Kleinfahrer / 12.06.2011

Detailed evaluation

Ecklebe, Frank

Club: Runningteam Köstritzer  
Number: 88

Course: 14.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 1:20:36

Speed: 10.42 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 85 (of 174)

Rank in course/Men: 81 (of 127)

Best time in course: 49:14

Rank in category: 19(of 28)

Best time in the category: 56:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Posten	8.30	47:44	5:45	20	14:46	85	18:00	8.30	47:44	5:45	11	2:28	81	17:57
Finish	5.70	32:52	5:45	18	9:32	73	13:25	14.00	1:20:36	5:45	19	24:18	81	31:22