



11. Kirschlauf des USV Erfurt  
Kleinfahrer / 12.06.2011

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt  
Number: 356

Course: 14.00 km  
Nordic Walking

Category:  
Nordic Walking männlich

Total time: 1:44:05

Speed: 8.07 km/h  
Running performance: 7:26 min/km

Rank in course/Total: 2 (of 15)

Rank in course/Men: 2 (of 6)

Best time in course: 1:37:46

Rank in category: 2(of 6)

Best time in the category: 1:37:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Posten	8.30	1:00:33	7:17	3	4:44	3	4:44	8.30	1:00:33	7:17	2	4:44	2	4:44
Finish	5.70	43:32	7:38	2	1:35	2	1:35	14.00	1:44:05	7:26	2	6:19	2	6:19