



11. Kirschlauf des USV Erfurt
Kleinfahrer / 12.06.2011

Detailed evaluation

Metz, Karin

Club: Spargelläufer
Number: 178

Course: 14.00 km
Hauptlauf

Category:
Frauen W55

Total time: 1:49:46

Speed: 7.65 km/h
Running performance: 7:50 min/km

Rank in course/Total: 168 (of 174)

Rank in course/Women: 43 (of 47)

Best time in course: 1:11:17

Rank in category: 4(of 4)

Best time in the category: 1:26:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Posten	8.30	1:04:32	7:46	4	14:08	45	22:31	8.30	1:04:32	7:46	4	14:08	20	8:57
Finish	5.70	45:14	7:56	4	9:08	42	15:58	14.00	1:49:46	7:50	4	23:16	43	38:29