



11. Kirschlauf des USV Erfurt
Kleinfahrer / 12.06.2011

Detailed evaluation

Seemann, Sabine

Club: Fit und Run
Number: 362

Course: 14.00 km
Nordic Walking

Category:
Nordic Walking weiblich

Total time: 2:04:12

Speed: 6.76 km/h
Running performance: 8:52 min/km

Rank in course/Total: 11 (of 15)

Rank in course/Women: 6 (of 9)

Best time in course: 2:00:00

Rank in category: 6(of 9)

Best time in the category: 2:00:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Posten	8.30	1:13:05	8:48	6	2:22	6	2:22	8.30	1:13:05	8:48	6	2:22	6	2:22
Finish	5.70	51:07	8:58	4	2:59	4	2:59	14.00	2:04:12	8:52	6	4:12	6	4:12