



21. Sonnenwendlauf  
Leipzig - Mühlwiese / 18.06.2011

Detailed evaluation

Quapp, Wolfgang

Club: SC DHfK  
Number: 121

Course: 10.00 km  
10,0 km Lauf

Category:  
Männer M60

Total time: 57:35

Speed: 10.42 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 14 (of 24)

Rank in course/Men: 12 (of 19)

Best time in course: 44:10

Rank in category: 5(of 8)

Best time in the category: 48:27