



21. Sonnenwendlauf  
Leipzig - Mühlwiese / 18.06.2011

Detailed evaluation

Schlieder, Jörg

Club: LC Auensee Leipzig  
Number: 19

Course: 15.00 km  
15,0 km Lauf

Category:  
Männer M40

Total time: 1:01:46

Speed: 14.57 km/h  
Running performance: 4:07 min/km

Rank in course/Total: 13 (of 92)

Rank in course/Men: 13 (of 64)

Best time in course: 54:25

Rank in category: 3(of 12)

Best time in the category: 55:26