



21. Sonnenwendlauf
Leipzig - Mühlwiese / 18.06.2011

Detailed evaluation

Pflüger, Volker

Club: LFV Oberholz
Number: 24

Course: 15.00 km
15,0 km Lauf

Category:
Männer M45

Total time: 1:03:20

Speed: 14.21 km/h
Running performance: 4:13 min/km

Rank in course/Total: 18 (of 92)

Rank in course/Men: 17 (of 64)

Best time in course: 54:25

Rank in category: 1(of 12)

Best time in the category: 1:03:20