



21. Sonnenwendlauf
Leipzig - Mühlwiese / 18.06.2011

Detailed evaluation

Land, Jörg

Club: LG Leipzig-Grünau

Number: 28

Course: 15.00 km

15,0 km Lauf

Category:

Männer M45

Total time: 1:04:39

Speed: 13.92 km/h

Running performance: 4:19 min/km

Rank in course/Total: 22 (of 92)

Rank in course/Men: 22 (of 64)

Best time in course: 54:25

Rank in category: 4(of 12)

Best time in the category: 1:03:20