



21. Sonnenwendlauf  
Leipzig - Mühlwiese / 18.06.2011

Detailed evaluation

Werner, Michael

Club: SC DHfK  
Number: 40

Course: 15.00 km  
15,0 km Lauf

Category:  
Männer M50

Total time: 1:04:54

Speed: 13.87 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 23 (of 92)

Rank in course/Men: 23 (of 64)

Best time in course: 54:25

Rank in category: 4(of 13)

Best time in the category: 1:00:06