



21. Sonnenwendlauf  
Leipzig - Mühlwiese / 18.06.2011

Detailed evaluation

Thomas, Manfred

Club: LFV Oberholz  
Number: 38

Course: 15.00 km  
15,0 km Lauf

Category:  
Männer M50

Total time: 1:05:09

Speed: 13.81 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 26 (of 92)

Rank in course/Men: 26 (of 64)

Best time in course: 54:25

Rank in category: 5(of 13)

Best time in the category: 1:00:06