



21. Sonnenwendlauf
Leipzig - Mühlwiese / 18.06.2011

Detailed evaluation

Rüdiger, Ralph

Club: LCA Auensee Leipzig
Number: 36

Course: 15.00 km
15,0 km Lauf

Category:
Männer M50

Total time: 1:09:17

Speed: 12.99 km/h
Running performance: 4:37 min/km

Rank in course/Total: 38 (of 92)

Rank in course/Men: 38 (of 64)

Best time in course: 54:25

Rank in category: 7 (of 13)

Best time in the category: 1:00:06