



21. Sonnenwendlauf  
Leipzig - Mühlwiese / 18.06.2011

Detailed evaluation

Jurczek, Heiko

Club: TSG Markkleeberg  
Number: 25

Course: 15.00 km  
15,0 km Lauf

Category:  
Männer M45

Total time: 1:16:49

Speed: 11.72 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 62 (of 92)

Rank in course/Men: 55 (of 64)

Best time in course: 54:25

Rank in category: 11(of 12)

Best time in the category: 1:03:20