



# 13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

## Detailed evaluation

Mühlhäuser Laufcombo

Total time: 14:24:13

Number: 141

Speed: 11.87 km/h

Running performance: 5:03 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 83 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 68(of 142)

Männerstaffel

Best time in the category: 9:57:53

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.20    | 1:25:05    | 4:56         | 91          | 25:52       | 117       | 25:52        | 17.20         | 1:25:05    | 4:56         | 69       | 25:52       | 100       | 25:52        |
| Schildwiese        | 20.10    | 1:32:04    | 4:34         | 64          | 25:16       | 87        | 25:16        | 37.30         | 2:57:09    | 4:44         | 69       | 51:08       | 100       | 51:08        |
| Neuhaus/ Gewerl    | 15.50    | 1:26:45    | 5:35         | 83          | 30:26       | 104       | 30:26        | 52.80         | 4:23:54    | 4:59         | 69       | 1:21:34     | 100       | 1:21:34      |
| Masserberg         | 19.80    | 1:29:00    | 4:29         | 77          | 25:48       | 103       | 25:48        | 72.60         | 5:52:54    | 4:51         | 69       | 1:45:56     | 100       | 1:45:56      |
| Allzunah           | 16.80    | 1:38:57    | 5:53         | 106         | 35:25       | 139       | 35:25        | 89.40         | 7:31:51    | 5:03         | 69       | 2:19:27     | 100       | 2:19:27      |
| Grenzadler         | 19.80    | 1:41:33    | 5:07         | 88          | 29:43       | 128       | 30:31        | 109.20        | 9:13:24    | 5:04         | 69       | 2:49:10     | 100       | 2:49:10      |
| Neue Ausspanne     | 13.80    | 1:00:20    | 4:22         | 22          | 13:04       | 23        | 13:04        | 123.00        | 10:13:44   | 4:59         | 68       | 3:02:14     | 99        | 3:02:14      |
| Kleiner Inselsber  | 13.90    | 1:03:20    | 4:33         | 17          | 14:24       | 20        | 14:24        | 136.90        | 11:17:04   | 4:56         | 68       | 3:16:38     | 99        | 3:16:38      |
| Hohe Sonne         | 19.70    | 1:37:56    | 4:58         | 84          | 28:48       | 116       | 28:48        | 156.60        | 12:55:00   | 4:56         | 68       | 3:45:26     | 99        | 3:45:26      |
| Hörschel           | 14.70    | 1:29:13    | 6:04         | 121         | 40:54       | 175       | 40:54        | 171.30        | 14:24:13   | 5:02         | 68       | 4:26:20     | 83        | 4:26:20      |