



13. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Katholische Laufjugend Arnstadt

Total time: 14:34:54

Number: 105

Speed: 11.73 km/h

Running performance: 5:07 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 91 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 74(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:20:46	4:41	67	21:33	80	21:33	17.20	1:20:46	4:41	75	21:33	110	21:33
Schildwiese	20.10	1:30:07	4:29	52	23:19	73	23:19	37.30	2:50:53	4:34	75	44:52	110	44:52
Neuhaus/ Gewerl	15.50	1:30:04	5:48	103	33:45	133	33:45	52.80	4:20:57	4:56	75	1:18:37	110	1:18:37
Masserberg	19.80	1:31:57	4:38	92	28:45	124	28:45	72.60	5:52:54	4:51	69	1:45:56	100	1:45:56
Allzunah	16.80	1:26:36	5:09	52	23:04	62	23:04	89.40	7:19:30	4:54	75	2:07:06	110	2:07:06
Grenzadler	19.80	1:51:07	5:36	117	39:17	172	40:05	109.20	9:10:37	5:02	75	2:46:23	110	2:46:23
Neue Ausspanne	13.80	1:18:55	5:43	109	31:39	151	31:39	123.00	10:29:32	5:07	74	3:18:02	109	3:18:02
Kleiner Inselsber	13.90	1:14:21	5:20	85	25:25	110	25:25	136.90	11:43:53	5:08	74	3:43:27	109	3:43:27
Hohe Sonne	19.70	1:27:04	4:25	36	17:56	47	17:56	156.60	13:10:57	5:03	74	4:01:23	109	4:01:23
Hörschel	14.70	1:23:57	5:42	106	35:38	148	35:38	171.30	14:34:54	5:06	74	4:37:01	91	4:37:01