



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Health Angels

Total time: 15:42:41

Number: 50

Speed: 10.88 km/h

Running performance: 5:30 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 161 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 36(of 68)

Mixstaffel

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:42:30	5:57	64	35:56	210	43:17	17.20	1:42:30	5:57	17	6:56	224	43:17
Schildwiese	20.10	1:15:29	3:45	3	5:29	9	8:41	37.30	2:57:59	4:46	17		224	51:58
Neuhaus/ Gewerl	15.50	1:29:06	5:44	26	20:01	124	32:47	52.80	4:27:05	5:03	17		224	1:24:45
Masserberg	19.80	1:27:55	4:26	24	21:22	93	24:43	72.60	5:55:00	4:53	17		224	1:48:02
Allzunah	16.80	1:42:33	6:06	39	34:55	170	39:01	89.40	7:37:33	5:07	17		224	2:25:09
Grenzadler	19.80	1:53:31	5:43	52	42:29	183	42:29	109.20	9:31:04	5:13	17		224	3:06:50
Neue Ausspanne	13.80	1:24:27	6:07	43	24:40	176	37:11	123.00	10:55:31	5:19	17		223	3:44:01
Kleiner Inselsber	13.90	1:30:36	6:31	56	30:34	203	41:40	136.90	12:26:07	5:27	17		222	4:25:41
Hohe Sonne	19.70	1:44:00	5:16	46	34:28	167	34:52	156.60	14:10:07	5:25	17		222	5:00:33
Hörschel	14.70	1:32:34	6:17	48	29:32	186	44:15	171.30	15:42:41	5:30	36	4:08:57	161	5:44:48