



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Lauftreff Arnstadt

Total time: 12:55:30

Number: 207

Speed: 13.23 km/h

Running performance: 4:32 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 22 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 6(of 68)

Mixstaffel

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:13:56	4:17	9	7:22	40	14:43	17.20	1:13:56	4:17	47		224	14:43
Schildwiese	20.10	1:18:55	3:55	7	8:55	18	12:07	37.30	2:32:51	4:05	47		224	26:50
Neuhaus/ Gewerl	15.50	1:14:43	4:49	4	5:38	23	18:24	52.80	3:47:34	4:18	47		224	45:14
Masserberg	19.80	1:22:06	4:08	11	15:33	49	18:54	72.60	5:09:40	4:15	47		224	1:02:42
Allzunah	16.80	1:35:45	5:41	26	28:07	122	32:13	89.40	6:45:25	4:32	47		224	1:33:01
Grenzadler	19.80	1:26:49	4:23	8	15:47	23	15:47	109.20	8:12:14	4:30	47		224	1:48:00
Neue Ausspanne	13.80	1:10:29	5:06	10	10:42	82	23:13	123.00	9:22:43	4:34	47		223	2:11:13
Kleiner Inselsber	13.90	1:08:40	4:56	10	8:38	53	19:44	136.90	10:31:23	4:36	47		222	2:30:57
Hohe Sonne	19.70	1:16:14	3:52	3	6:42	11	7:06	156.60	11:47:37	4:31	47		222	2:38:03
Hörschel	14.70	1:07:53	4:37	7	4:51	34	19:34	171.30	12:55:30	4:31	6	1:21:46	22	2:57:37