



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Koma Läufer

Total time: 14:57:14

Number: 136

Speed: 11.44 km/h

Running performance: 5:14 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 111 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 90(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:26:52	5:03	101	27:39	135	27:39	17.20	1:26:52	5:03	91	27:39	137	27:39
Schildwiese	20.10	1:48:43	5:24	123	41:55	185	41:55	37.30	3:15:35	5:14	91	1:09:34	137	1:09:34
Neuhaus/ Gewerl	15.50	1:27:35	5:39	91	31:16	116	31:16	52.80	4:43:10	5:21	91	1:40:50	137	1:40:50
Masserberg	19.80	1:28:37	4:28	73	25:25	99	25:25	72.60	6:11:47	5:07	91	2:04:49	137	2:04:49
Allzunah	16.80	1:27:33	5:12	58	24:01	70	24:01	89.40	7:39:20	5:08	91	2:26:56	137	2:26:56
Grenzadler	19.80	1:35:20	4:48	55	23:30	72	24:18	109.20	9:14:40	5:04	91	2:50:26	137	2:50:26
Neue Ausspanne	13.80	1:10:51	5:08	71	23:35	84	23:35	123.00	10:25:31	5:05	90	3:14:01	136	3:14:01
Kleiner Inselsber	13.90	1:18:55	5:40	104	29:59	146	29:59	136.90	11:44:26	5:08	90	3:44:00	136	3:44:00
Hohe Sonne	19.70	1:47:41	5:27	123	38:33	180	38:33	156.60	13:32:07	5:11	90	4:22:33	136	4:22:33
Hörschel	14.70	1:25:07	5:47	111	36:48	158	36:48	171.30	14:57:14	5:14	90	4:59:21	111	4:59:21