



13. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Lpz.-Auewaldläufer

Number: 106

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 15:00:42

Speed: 11.39 km/h

Running performance: 5:16 min/km

Rank in course: 115 (of 223)

Best time in course: 9:57:53

Rank in category: 92(of 142)

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:20:55	4:42	68	21:42	81	21:42	17.20	1:20:55	4:42	16	21:42	27	21:42
Schildwiese	20.10	1:41:31	5:03	104	34:43	153	34:43	37.30	3:02:26	4:53	93	56:25	143	56:25
Neuhaus/ Gewerl	15.50	1:31:29	5:54	108	35:10	141	35:10	52.80	4:33:55	5:11	93	1:31:35	143	1:31:35
Masserberg	19.80	1:31:55	4:38	91	28:43	123	28:43	72.60	6:05:50	5:02	93	1:58:52	143	1:58:52
Allzunah	16.80	1:28:47	5:17	63	25:15	79	25:15	89.40	7:34:37	5:05	93	2:22:13	143	2:22:13
Grenzadler	19.80	1:37:55	4:56	67	26:05	92	26:53	109.20	9:12:32	5:03	93	2:48:18	143	2:48:18
Neue Ausspanne	13.80	1:17:25	5:36	104	30:09	139	30:09	123.00	10:29:57	5:07	92	3:18:27	142	3:18:27
Kleiner Inselsber	13.90	1:16:53	5:31	96	27:57	132	27:57	136.90	11:46:50	5:09	92	3:46:24	142	3:46:24
Hohe Sonne	19.70	1:48:31	5:30	125	39:23	184	39:23	156.60	13:35:21	5:12	92	4:25:47	142	4:25:47
Hörschel	14.70	1:25:21	5:48	112	37:02	159	37:02	171.30	15:00:42	5:15	92	5:02:49	115	5:02:49