



13. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

DEHOGA

Total time: 15:02:08

Number: 86

Speed: 11.37 km/h

Running performance: 5:16 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 119 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 95(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:31:25	5:18	119	32:12	173	32:12	17.20	1:31:25	5:18	96	32:12	146	32:12
Schildwiese	20.10	1:27:06	4:19	41	20:18	57	20:18	37.30	2:58:31	4:47	96	52:30	146	52:30
Neuhaus/ Gewerl	15.50	1:35:20	6:09	121	39:01	168	39:01	52.80	4:33:51	5:11	96	1:31:31	146	1:31:31
Masserberg	19.80	1:39:14	5:00	113	36:02	159	36:02	72.60	6:13:05	5:08	96	2:06:07	146	2:06:07
Allzunah	16.80	1:34:00	5:35	86	30:28	112	30:28	89.40	7:47:05	5:13	96	2:34:41	146	2:34:41
Grenzadler	19.80	1:43:44	5:14	100	31:54	144	32:42	109.20	9:30:49	5:13	96	3:06:35	146	3:06:35
Neue Ausspanne	13.80	1:17:56	5:38	108	30:40	145	30:40	123.00	10:48:45	5:16	95	3:37:15	145	3:37:15
Kleiner Inselsber	13.90	1:14:19	5:20	84	25:23	109	25:23	136.90	12:03:04	5:16	95	4:02:38	145	4:02:38
Hohe Sonne	19.70	1:40:28	5:05	102	31:20	138	31:20	156.60	13:43:32	5:15	95	4:33:58	145	4:33:58
Hörschel	14.70	1:18:36	5:20	80	30:17	103	30:17	171.30	15:02:08	5:15	95	5:04:15	119	5:04:15