



13. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

SpoWi`s Jena

Number: 22

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 13:14:26

Speed: 12.91 km/h

Running performance: 4:38 min/km

Rank in course: 32 (of 223)

Best time in course: 9:57:53

Rank in category: 7(of 68)

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:07:49	3:56	2	1:15	14	8:36	17.20	1:07:49	3:56	46		224	8:36
Schildwiese	20.10	1:24:10	4:11	11	14:10	34	17:22	37.30	2:31:59	4:04	46		224	25:58
Neuhaus/ Gewerl	15.50	1:25:14	5:29	19	16:09	96	28:55	52.80	3:57:13	4:29	46		224	54:53
Masserberg	19.80	1:25:32	4:19	17	18:59	75	22:20	72.60	5:22:45	4:26	46		224	1:15:47
Allzunah	16.80	1:28:20	5:15	13	20:42	75	24:48	89.40	6:51:05	4:35	46		224	1:38:41
Grenzadler	19.80	1:17:54	3:56	3	6:52	6	6:52	109.20	8:08:59	4:28	46		224	1:44:45
Neue Ausspanne	13.80	1:14:04	5:22	18	14:17	112	26:48	123.00	9:23:03	4:34	46		223	2:11:33
Kleiner Inselsber	13.90	1:12:11	5:11	17	12:09	86	23:15	136.90	10:35:14	4:38	46		222	2:34:48
Hohe Sonne	19.70	1:17:42	3:56	5	8:10	14	8:34	156.60	11:52:56	4:33	46		222	2:43:22
Hörschel	14.70	1:21:30	5:32	27	18:28	128	33:11	171.30	13:14:26	4:38	7	1:40:42	32	3:16:33