



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Siemens Runners

Total time: 15:04:53

Number: 151

Speed: 11.34 km/h

Running performance: 5:17 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 121 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 96(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:24:57	4:56	90	25:44	115	25:44	17.20	1:24:57	4:56	97	25:44	150	25:44
Schildwiese	20.10	1:39:50	4:58	96	33:02	137	33:02	37.30	3:04:47	4:57	97	58:46	150	58:46
Neuhaus/ Gewerl	15.50	1:26:13	5:33	82	29:54	103	29:54	52.80	4:31:00	5:07	97	1:28:40	150	1:28:40
Masserberg	19.80	1:42:59	5:12	125	39:47	188	39:47	72.60	6:13:59	5:09	97	2:07:01	150	2:07:01
Allzunah	16.80	1:38:05	5:50	102	34:33	134	34:33	89.40	7:52:04	5:16	97	2:39:40	150	2:39:40
Grenzadler	19.80	1:52:49	5:41	121	40:59	179	41:47	109.20	9:44:53	5:21	97	3:20:39	150	3:20:39
Neue Ausspanne	13.80	1:10:20	5:05	69	23:04	80	23:04	123.00	10:55:13	5:19	96	3:43:43	149	3:43:43
Kleiner Inselsber	13.90	1:11:28	5:08	61	22:32	79	22:32	136.90	12:06:41	5:18	96	4:06:15	149	4:06:15
Hohe Sonne	19.70	1:41:04	5:07	106	31:56	146	31:56	156.60	13:47:45	5:17	96	4:38:11	149	4:38:11
Hörschel	14.70	1:17:08	5:14	74	28:49	94	28:49	171.30	15:04:53	5:16	96	5:07:00	121	5:07:00