



13. Rennsteig-Staffellauf  
Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Team Wadenkrampf Berlin

Total time: 15:09:21

Number: 182

Speed: 11.28 km/h

Running performance: 5:19 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 127 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 101(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:23:12	4:50	80	23:59	100	23:59	17.20	1:23:12	4:50	102	23:59	155	23:59
Schildwiese	20.10	1:41:21	5:02	103	34:33	152	34:33	37.30	3:04:33	4:56	102	58:32	155	58:32
Neuhaus/ Gewerl	15.50	1:37:16	6:16	124	40:57	181	40:57	52.80	4:41:49	5:20	102	1:39:29	155	1:39:29
Masserberg	19.80	1:33:32	4:43	97	30:20	132	30:20	72.60	6:15:21	5:10	102	2:08:23	155	2:08:23
Allzunah	16.80	1:25:57	5:06	46	22:25	55	22:25	89.40	7:41:18	5:09	102	2:28:54	155	2:28:54
Grenzadler	19.80	1:44:39	5:17	103	32:49	148	33:37	109.20	9:25:57	5:10	102	3:01:43	155	3:01:43
Neue Ausspanne	13.80	1:20:12	5:48	113	32:56	155	32:56	123.00	10:46:09	5:15	101	3:34:39	154	3:34:39
Kleiner Inselsber	13.90	1:22:21	5:55	118	33:25	170	33:25	136.90	12:08:30	5:19	101	4:08:04	154	4:08:04
Hohe Sonne	19.70	1:41:44	5:09	108	32:36	151	32:36	156.60	13:50:14	5:18	101	4:40:40	154	4:40:40
Hörschel	14.70	1:19:07	5:22	83	30:48	106	30:48	171.30	15:09:21	5:18	101	5:11:28	127	5:11:28