



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Projekt Herzkind

Total time: 16:09:24

Number: 39

Speed: 10.58 km/h

Running performance: 5:40 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 181 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 49(of 68)

Mixstaffel

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:20:14	4:39	10	13:40	75	21:01	17.20	1:20:14	4:39	4		224	21:01
Schildwiese	20.10	1:29:54	4:28	19	19:54	71	23:06	37.30	2:50:08	4:33	4		224	44:07
Neuhaus/ Gewerl	15.50	1:26:53	5:36	20	17:48	107	30:34	52.80	4:17:01	4:52	4		224	1:14:41
Masserberg	19.80	1:37:21	4:54	39	30:48	150	34:09	72.60	5:54:22	4:52	4		224	1:47:24
Allzunah	16.80	1:43:25	6:09	41	35:47	174	39:53	89.40	7:37:47	5:07	4		224	2:25:23
Grenzadler	19.80	1:40:46	5:05	32	29:44	120	29:44	109.20	9:18:33	5:06	4		224	2:54:19
Neue Ausspanne	13.80	1:33:19	6:45	63	33:32	212	46:03	123.00	10:51:52	5:17	4		223	3:40:22
Kleiner Inselsber	13.90	1:32:02	6:37	57	32:00	206	43:06	136.90	12:23:54	5:26	4		222	4:23:28
Hohe Sonne	19.70	1:41:06	5:07	36	31:34	147	31:58	156.60	14:05:00	5:23	4		179	4:55:26
Hörschel	14.70	2:04:24	8:27	68	1:01:22	220	1:16:05	171.30	16:09:24	5:39	49	4:35:40	181	6:11:31