



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

MDR läuft

Total time: 16:11:40

Number: 153

Speed: 10.56 km/h

Running performance: 5:40 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 185 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 51(of 68)

Mixstaffel

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:28:11	5:07	41	21:37	150	28:58	17.20	1:28:11	5:07	2		224	28:58
Schildwiese	20.10	1:44:49	5:12	49	34:49	168	38:01	37.30	3:13:00	5:10	2	7:58	224	1:06:59
Neuhaus/ Gewerl	15.50	1:41:39	6:33	56	32:34	198	45:20	52.80	4:54:39	5:34	2	20:45	224	1:52:19
Masserberg	19.80	1:22:09	4:08	12	15:36	50	18:57	72.60	6:16:48	5:11	2		224	2:09:50
Allzunah	16.80	1:44:33	6:13	42	36:55	176	41:01	89.40	8:01:21	5:23	2		224	2:48:57
Grenzadler	19.80	1:57:49	5:57	58	46:47	195	46:47	109.20	9:59:10	5:29	2		224	3:34:56
Neue Ausspanne	13.80	1:30:18	6:32	56	30:31	204	43:02	123.00	11:29:28	5:36	2		223	4:17:58
Kleiner Inselsber	13.90	1:22:39	5:56	44	22:37	171	33:43	136.90	12:52:07	5:38	2		222	4:51:41
Hohe Sonne	19.70	1:46:51	5:25	49	37:19	178	37:43	156.60	14:38:58	5:36	2		222	5:29:24
Hörschel	14.70	1:32:42	6:18	50	29:40	188	44:23	171.30	16:11:40	5:40	51	4:37:56	185	6:13:47