



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Breunisports/erfurt nord

Total time: 16:12:31

Number: 3

Speed: 10.55 km/h

Running performance: 5:41 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 186 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 7(of 13)

Frauenstaffel

Best time in the category: 13:39:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:40:12	5:49	10	26:38	208	40:59	17.20	1:40:12	5:49	7	26:38	224	40:59
Schildwiese	20.10	1:59:48	5:57	12	34:13	213	53:00	37.30	3:40:00	5:53	7	52:15	224	1:33:59
Neuhaus/ Gewerl	15.50	1:16:03	4:54	2	3:24	29	19:44	52.80	4:56:03	5:36	7	55:39	224	1:53:43
Masserberg	19.80	1:43:28	5:13	10	13:05	190	40:16	72.60	6:39:31	5:30	7	1:06:48	224	2:32:33
Allzunah	16.80	1:42:29	6:06	6	27:50	169	38:57	89.40	8:22:00	5:36	7	1:34:38	224	3:09:36
Grenzadler	19.80	1:49:28	5:31	7	11:35	163	38:26	109.20	10:11:28	5:35	7	1:43:45	224	3:47:14
Neue Ausspanne	13.80	1:33:53	6:48	13	26:31	215	46:37	123.00	11:45:21	5:44	7	2:08:54	223	4:33:51
Kleiner Inselsber	13.90	1:17:18	5:33	5	8:19	135	28:22	136.90	13:02:39	5:43	7	2:17:13	222	5:02:13
Hohe Sonne	19.70	1:39:34	5:03	5	7:24	130	30:26	156.60	14:42:13	5:38	7	2:13:26	222	5:32:39
Hörschel	14.70	1:30:18	6:08	10	19:42	177	41:59	171.30	16:12:31	5:40	7	2:33:08	186	6:14:38