



# 13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

## Detailed evaluation

Frauenwald Nord

Total time: 15:14:37

Number: 103

Speed: 11.22 km/h

Running performance: 5:20 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 133 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 105(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:18:45	4:34	54	19:32	64	19:32	17.20	1:18:45	4:34	107	19:32	165	19:32
Schildwiese	20.10	1:50:55	5:31	129	44:07	196	44:07	37.30	3:09:40	5:05	107	1:03:39	165	1:03:39
Neuhaus/ Gewerl	15.50	1:49:13	7:02	139	52:54	214	52:54	52.80	4:58:53	5:39	107	1:56:33	165	1:56:33
Masserberg	19.80	1:42:44	5:11	124	39:32	187	39:32	72.60	6:41:37	5:31	107	2:34:39	165	2:34:39
Allzunah	16.80	1:40:04	5:57	112	36:32	148	36:32	89.40	8:21:41	5:36	107	3:09:17	165	3:09:17
Grenzadler	19.80	1:26:31	4:22	12	14:41	19	15:29	109.20	9:48:12	5:23	107	3:23:58	165	3:23:58
Neue Ausspanne	13.80	1:33:46	6:47	139	46:30	214	46:30	123.00	11:21:58	5:32	106	4:10:28	164	4:10:28
Kleiner Inselsber	13.90	1:13:14	5:16	77	24:18	99	24:18	136.90	12:35:12	5:30	106	4:34:46	164	4:34:46
Hohe Sonne	19.70	1:18:31	3:59	11	9:23	16	9:23	156.60	13:53:43	5:19	106	4:44:09	164	4:44:09
Hörschel	14.70	1:20:54	5:30	92	32:35	123	32:35	171.30	15:14:37	5:20	105	5:16:44	133	5:16:44