



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Saftlandrunners Herbsleben

Total time: 15:17:16

Number: 230

Speed: 11.19 km/h

Running performance: 5:21 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 137 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 108(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:15:54	4:24	40	16:41	50	16:41	17.20	1:15:54	4:24	110	16:41	168	16:41
Schildwiese	20.10	1:50:17	5:29	127	43:29	191	43:29	37.30	3:06:11	4:59	110	1:00:10	168	1:00:10
Neuhaus/ Gewerl	15.50	1:36:57	6:15	123	40:38	179	40:38	52.80	4:43:08	5:21	110	1:40:48	168	1:40:48
Masserberg	19.80	1:49:50	5:32	132	46:38	208	46:38	72.60	6:32:58	5:24	110	2:26:00	168	2:26:00
Allzunah	16.80	1:34:50	5:38	88	31:18	115	31:18	89.40	8:07:48	5:27	110	2:55:24	168	2:55:24
Grenzadler	19.80	1:40:22	5:04	81	28:32	115	29:20	109.20	9:48:10	5:23	110	3:23:56	168	3:23:56
Neue Ausspanne	13.80	1:26:38	6:16	130	39:22	187	39:22	123.00	11:14:48	5:29	109	4:03:18	167	4:03:18
Kleiner Inselsber	13.90	1:17:21	5:33	100	28:25	137	28:25	136.90	12:32:09	5:29	109	4:31:43	167	4:31:43
Hohe Sonne	19.70	1:31:37	4:39	56	22:29	70	22:29	156.60	14:03:46	5:23	109	4:54:12	167	4:54:12
Hörschel	14.70	1:13:30	5:00	55	25:11	67	25:11	171.30	15:17:16	5:21	108	5:19:23	137	5:19:23