



# 13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

## Detailed evaluation

die Gusseisernen

Number: 128

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Männerstaffel

Total time: 15:25:45

Speed: 11.08 km/h

Running performance: 5:24 min/km

Rank in course: 148 (of 223)

Best time in course: 9:57:53

Rank in category: 116(of 142)

Best time in the category: 9:57:53

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.20    | 1:17:37    | 4:30         | 51          | 18:24       | 61        | 18:24        | 17.20         | 1:17:37    | 4:30         | 120      | 18:24       | 181       | 18:24        |
| Schildwiese        | 20.10    | 1:56:08    | 5:46         | 132         | 49:20       | 205       | 49:20        | 37.30         | 3:13:45    | 5:11         | 120      | 1:07:44     | 181       | 1:07:44      |
| Neuhaus/ Gewerl    | 15.50    | 1:19:48    | 5:08         | 44          | 23:29       | 52        | 23:29        | 52.80         | 4:33:33    | 5:10         | 111      | 1:31:13     | 169       | 1:31:13      |
| Masserberg         | 19.80    | 1:57:24    | 5:55         | 138         | 54:12       | 216       | 54:12        | 72.60         | 6:30:57    | 5:23         | 120      | 2:23:59     | 181       | 2:23:59      |
| Allzunah           | 16.80    | 1:36:13    | 5:43         | 92          | 32:41       | 123       | 32:41        | 89.40         | 8:07:10    | 5:26         | 120      | 2:54:46     | 181       | 2:54:46      |
| Grenzadler         | 19.80    | 1:46:04    | 5:21         | 106         | 34:14       | 151       | 35:02        | 109.20        | 9:53:14    | 5:25         | 120      | 3:29:00     | 181       | 3:29:00      |
| Neue Ausspanne     | 13.80    | 1:05:46    | 4:45         | 41          | 18:30       | 43        | 18:30        | 123.00        | 10:59:00   | 5:21         | 119      | 3:47:30     | 180       | 3:47:30      |
| Kleiner Inselsber  | 13.90    | 1:24:46    | 6:05         | 125         | 35:50       | 182       | 35:50        | 136.90        | 12:23:46   | 5:25         | 119      | 4:23:20     | 180       | 4:23:20      |
| Hohe Sonne         | 19.70    | 1:38:02    | 4:58         | 85          | 28:54       | 117       | 28:54        | 156.60        | 14:01:48   | 5:22         | 119      | 4:52:14     | 180       | 4:52:14      |
| Hörschel           | 14.70    | 1:23:57    | 5:42         | 106         | 35:38       | 148       | 35:38        | 171.30        | 15:25:45   | 5:24         | 116      | 5:27:52     | 148       | 5:27:52      |