



# 13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

## Detailed evaluation

Thüringer Landläufer

Total time: 16:13:20

Number: 154

Speed: 10.54 km/h

Running performance: 5:41 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 187 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 129(of 142)

Männerstaffel

Best time in the category: 9:57:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
Grumbach	17.20	1:33:00	5:24	128	33:47	185	33:47	17.20	1:33:00	5:24	121	33:47	182	33:47
Schildwiese	20.10	1:44:30	5:11	114	37:42	165	37:42	37.30	3:17:30	5:17	121	1:11:29	182	1:11:29
Neuhaus/ Gewerl	15.50	1:42:58	6:38	135	46:39	202	46:39	52.80	5:00:28	5:41	121	1:58:08	182	1:58:08
Masserberg	19.80	1:48:12	5:27	131	45:00	205	45:00	72.60	6:48:40	5:37	121	2:41:42	182	2:41:42
Allzunah	16.80	1:58:13	7:02	136	54:41	212	54:41	89.40	8:46:53	5:53	121	3:34:29	182	3:34:29
Grenzadler	19.80	2:00:27	6:04	131	48:37	198	49:25	109.20	10:47:20	5:55	121	4:23:06	182	4:23:06
Neue Ausspanne	13.80	1:13:59	5:21	90	26:43	110	26:43	123.00	12:01:19	5:51	120	4:49:49	181	4:49:49
Kleiner Inselsber	13.90	1:08:14	4:54	39	19:18	48	19:18	136.90	13:09:33	5:46	120	5:09:07	181	5:09:07
Hohe Sonne	19.70	1:45:07	5:20	121	35:59	174	35:59	156.60	14:54:40	5:42	120	5:45:06	181	5:45:06
Hörschel	14.70	1:18:40	5:21	81	30:21	104	30:21	171.30	16:13:20	5:40	129	6:15:27	187	6:15:27