



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Frauenwald Süd

Total time: 15:32:35

Number: 150

Speed: 11.02 km/h

Running performance: 5:26 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 153 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 118(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:23:17	4:50	81	24:04	101	24:04	17.20	1:23:17	4:50	125	24:04	189	24:04
Schildwiese	20.10	1:49:31	5:26	125	42:43	188	42:43	37.30	3:12:48	5:10	125	1:06:47	189	1:06:47
Neuhaus/ Gewerl	15.50	1:21:21	5:14	53	25:02	65	25:02	52.80	4:34:09	5:11	125	1:31:49	189	1:31:49
Masserberg	19.80	1:29:15	4:30	79	26:03	105	26:03	72.60	6:03:24	5:00	125	1:56:26	189	1:56:26
Allzunah	16.80	1:59:01	7:05	137	55:29	214	55:29	89.40	8:02:25	5:23	125	2:50:01	189	2:50:01
Grenzadler	19.80	1:32:11	4:39	39	20:21	52	21:09	109.20	9:34:36	5:15	125	3:10:22	189	3:10:22
Neue Ausspanne	13.80	1:26:46	6:17	131	39:30	189	39:30	123.00	11:01:22	5:22	124	3:49:52	188	3:49:52
Kleiner Inselsber	13.90	1:23:15	5:59	121	34:19	175	34:19	136.90	12:24:37	5:26	124	4:24:11	188	4:24:11
Hohe Sonne	19.70	1:44:43	5:18	118	35:35	171	35:35	156.60	14:09:20	5:25	124	4:59:46	188	4:59:46
Hörschel	14.70	1:23:15	5:39	103	34:56	140	34:56	171.30	15:32:35	5:26	118	5:34:42	153	5:34:42