



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Rennsteiglaufverein II

Total time: 16:33:08

Number: 91

Speed: 10.33 km/h

Running performance: 5:48 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 201 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 57(of 68)

Mixstaffel

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:41:42	5:54	63	35:08	209	42:29	17.20	1:41:42	5:54	30	6:08	224	42:29
Schildwiese	20.10	1:47:28	5:20	57	37:28	182	40:40	37.30	3:29:10	5:36	30	24:08	224	1:23:09
Neuhaus/ Gewerl	15.50	1:34:57	6:07	42	25:52	167	38:38	52.80	5:04:07	5:45	30	30:13	224	2:01:47
Masserberg	19.80	1:28:36	4:28	26	22:03	98	25:24	72.60	6:32:43	5:24	30	14:55	224	2:25:45
Allzunah	16.80	1:56:35	6:56	65	48:57	208	53:03	89.40	8:29:18	5:41	30	26:48	224	3:16:54
Grenzadler	19.80	1:51:41	5:38	50	40:39	175	40:39	109.20	10:20:59	5:41	30		224	3:56:45
Neue Ausspanne	13.80	1:21:08	5:52	39	21:21	165	33:52	123.00	11:42:07	5:42	30		223	4:30:37
Kleiner Inselsber	13.90	1:41:26	7:17	65	41:24	218	52:30	136.90	13:23:33	5:52	30	16:13	222	5:23:07
Hohe Sonne	19.70	1:41:35	5:09	38	32:03	150	32:27	156.60	15:05:08	5:46	30	17:14	222	5:55:34
Hörschel	14.70	1:28:00	5:59	44	24:58	170	39:41	171.30	16:33:08	5:47	57	4:59:24	201	6:35:15