



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

PDV-Power-Runner II

Total time: 15:45:46

Number: 179

Speed: 10.85 km/h

Running performance: 5:31 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 165 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 122(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:29:52	5:13	111	30:39	160	30:39	17.20	1:29:52	5:13	127	30:39	197	30:39
Schildwiese	20.10	1:58:57	5:55	134	52:09	210	52:09	37.30	3:28:49	5:35	127	1:22:48	197	1:22:48
Neuhaus/ Gewerl	15.50	1:32:07	5:56	113	35:48	146	35:48	52.80	5:00:56	5:41	127	1:58:36	197	1:58:36
Masserberg	19.80	1:38:37	4:58	110	35:25	155	35:25	72.60	6:39:33	5:30	127	2:32:35	197	2:32:35
Allzunah	16.80	1:36:54	5:46	93	33:22	124	33:22	89.40	8:16:27	5:33	127	3:04:03	197	3:04:03
Grenzadler	19.80	1:49:19	5:31	110	37:29	161	38:17	109.20	10:05:46	5:32	127	3:41:32	197	3:41:32
Neue Ausspanne	13.80	1:17:25	5:36	104	30:09	139	30:09	123.00	11:23:11	5:33	126	4:11:41	196	4:11:41
Kleiner Inselsber	13.90	1:13:54	5:18	80	24:58	104	24:58	136.90	12:37:05	5:31	126	4:36:39	196	4:36:39
Hohe Sonne	19.70	1:39:55	5:04	98	30:47	132	30:47	156.60	14:17:00	5:28	126	5:07:26	196	5:07:26
Hörschel	14.70	1:28:46	6:02	119	40:27	173	40:27	171.30	15:45:46	5:31	122	5:47:53	165	5:47:53