



13. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

DreSo-Spirit for Success

Total time: 16:27:01

Number: 149

Speed: 10.39 km/h

Running performance: 5:46 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 196 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 133(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:24:23	4:54	87	25:10	109	25:10	17.20	1:24:23	4:54	136	25:10	211	25:10
Schildwiese	20.10	1:40:29	4:59	99	33:41	144	33:41	37.30	3:04:52	4:57	136	58:51	211	58:51
Neuhaus/ Gewerl	15.50	1:37:41	6:18	126	41:22	183	41:22	52.80	4:42:33	5:21	136	1:40:13	211	1:40:13
Masserberg	19.80	1:32:27	4:40	93	29:15	127	29:15	72.60	6:15:00	5:09	136	2:08:02	211	2:08:02
Allzunah	16.80	2:34:34	9:12	142	1:31:02	222	1:31:02	89.40	8:49:34	5:55	136	3:37:10	211	3:37:10
Grenzadler	19.80	1:39:27	5:01	75	27:37	105	28:25	109.20	10:29:01	5:45	136	4:04:47	211	4:04:47
Neue Ausspanne	13.80	1:16:29	5:32	98	29:13	128	29:13	123.00	11:45:30	5:44	135	4:34:00	210	4:34:00
Kleiner Inselsber	13.90	1:11:36	5:09	62	22:40	80	22:40	136.90	12:57:06	5:40	134	4:56:40	209	4:56:40
Hohe Sonne	19.70	1:44:51	5:19	119	35:43	172	35:43	156.60	14:41:57	5:37	134	5:32:23	209	5:32:23
Hörschel	14.70	1:45:04	7:08	136	56:45	210	56:45	171.30	16:27:01	5:45	133	6:29:08	196	6:29:08