



# 13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

## Detailed evaluation

GoetheLadys

Total time: 17:54:11

Number: 5

Speed: 9.55 km/h

Running performance: 6:16 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 218 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 12(of 13)

Frauenstaffel

Best time in the category: 13:39:23

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.20    | 1:42:45    | 5:58         | 11          | 29:11       | 211       | 43:32        | 17.20         | 1:42:45    | 5:58         | 12       | 29:11       | 224       | 43:32        |
| Schildwiese        | 20.10    | 1:55:15    | 5:44         | 9           | 29:40       | 201       | 48:27        | 37.30         | 3:38:00    | 5:50         | 12       | 50:15       | 224       | 1:31:59      |
| Neuhaus/ Gewerl    | 15.50    | 1:44:00    | 6:42         | 10          | 31:21       | 205       | 47:41        | 52.80         | 5:22:00    | 6:05         | 12       | 1:21:36     | 224       | 2:19:40      |
| Masserberg         | 19.80    | 1:40:00    | 5:03         | 6           | 9:37        | 166       | 36:48        | 72.60         | 7:02:00    | 5:48         | 12       | 1:29:17     | 224       | 2:55:02      |
| Allzunah           | 16.80    | 1:56:52    | 6:57         | 11          | 42:13       | 209       | 53:20        | 89.40         | 8:58:52    | 6:01         | 12       | 2:11:30     | 224       | 3:46:28      |
| Grenzadler         | 19.80    | 2:23:19    | 7:14         | 13          | 45:26       | 220       | 1:12:17      | 109.20        | 11:22:11   | 6:14         | 12       | 2:54:28     | 224       | 4:57:57      |
| Neue Ausspanne     | 13.80    | 1:21:55    | 5:56         | 9           | 14:33       | 169       | 34:39        | 123.00        | 12:44:06   | 6:12         | 12       | 3:07:39     | 223       | 5:32:36      |
| Kleiner Inselsber  | 13.90    | 1:27:27    | 6:17         | 12          | 18:28       | 192       | 38:31        | 136.90        | 14:11:33   | 6:13         | 12       | 3:26:07     | 222       | 6:11:07      |
| Hohe Sonne         | 19.70    | 2:17:34    | 6:58         | 13          | 45:24       | 222       | 1:08:26      | 156.60        | 16:29:07   | 6:18         | 12       | 4:00:20     | 222       | 7:19:33      |
| Hörschel           | 14.70    | 1:25:04    | 5:47         | 8           | 14:28       | 157       | 36:45        | 171.30        | 17:54:11   | 6:16         | 12       | 4:14:48     | 218       | 7:56:18      |