



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Lauftreff Arnstadt

Total time: 13:03:47

Number: 211

Speed: 13.11 km/h

Running performance: 4:35 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 26 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 20(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:22:02	4:46	76	22:49	92	22:49	17.20	1:22:02	4:46	20	22:49	31	22:49
Schildwiese	20.10	1:26:09	4:17	34	19:21	48	19:21	37.30	2:48:11	4:30	20	42:10	31	42:10
Neuhaus/ Gewerl	15.50	1:13:41	4:45	14	17:22	18	17:22	52.80	4:01:52	4:34	20	59:32	31	59:32
Masserberg	19.80	1:31:38	4:37	90	28:26	122	28:26	72.60	5:33:30	4:35	20	1:26:32	31	1:26:32
Allzunah	16.80	1:18:11	4:39	16	14:39	19	14:39	89.40	6:51:41	4:36	20	1:39:17	31	1:39:17
Grenzadler	19.80	1:25:59	4:20	10	14:09	17	14:57	109.20	8:17:40	4:33	20	1:53:26	31	1:53:26
Neue Ausspanne	13.80	1:05:01	4:42	38	17:45	40	17:45	123.00	9:22:41	4:34	20	2:11:11	31	2:11:11
Kleiner Inselsber	13.90	1:03:00	4:31	15	14:04	18	14:04	136.90	10:25:41	4:34	20	2:25:15	31	2:25:15
Hohe Sonne	19.70	1:30:00	4:34	45	20:52	58	20:52	156.60	11:55:41	4:34	20	2:46:07	31	2:46:07
Hörschel	14.70	1:08:06	4:37	29	19:47	36	19:47	171.30	13:03:47	4:34	20	3:05:54	26	3:05:54