



# 13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

## Detailed evaluation

Laufladen Jena

Total time: 11:01:48

Number: 222

Speed: 15.50 km/h

Running performance: 3:52 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 4 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 4(of 142)

Männerstaffel

Best time in the category: 9:57:53

| Intermediate times |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| Grumbach           | 17.20    | 1:07:27    | 3:55         | 11          | 8:14        | 12        | 8:14         | 17.20         | 1:07:27    | 3:55         | 4        | 8:14        | 5         | 8:14         |
| Schildwiese        | 20.10    | 1:13:15    | 3:38         | 5           | 6:27        | 7         | 6:27         | 37.30         | 2:20:42    | 3:46         | 4        | 14:41       | 5         | 14:41        |
| Neuhaus/ Gewerl    | 15.50    | 1:09:48    | 4:30         | 6           | 13:29       | 7         | 13:29        | 52.80         | 3:30:30    | 3:59         | 4        | 28:10       | 5         | 28:10        |
| Masserberg         | 19.80    | 1:03:12    | 3:11         | 1           | -           | 1         | -            | 72.60         | 4:33:42    | 3:46         | 4        | 26:44       | 5         | 26:44        |
| Allzunah           | 16.80    | 1:11:33    | 4:15         | 6           | 8:01        | 8         | 8:01         | 89.40         | 5:45:15    | 3:51         | 4        | 32:51       | 5         | 32:51        |
| Grenzadler         | 19.80    | 1:19:00    | 3:59         | 5           | 7:10        | 8         | 7:58         | 109.20        | 7:04:15    | 3:53         | 4        | 40:01       | 5         | 40:01        |
| Neue Ausspanne     | 13.80    | 52:52      | 3:49         | 5           | 5:36        | 5         | 5:36         | 123.00        | 7:57:07    | 3:52         | 4        | 45:37       | 5         | 45:37        |
| Kleiner Inselsber  | 13.90    | 54:18      | 3:54         | 4           | 5:22        | 4         | 5:22         | 136.90        | 8:51:25    | 3:52         | 4        | 50:59       | 5         | 50:59        |
| Hohe Sonne         | 19.70    | 1:14:59    | 3:48         | 7           | 5:51        | 9         | 5:51         | 156.60        | 10:06:24   | 3:52         | 4        | 56:50       | 5         | 56:50        |
| Hörschel           | 14.70    | 55:24      | 3:46         | 4           | 7:05        | 4         | 7:05         | 171.30        | 11:01:48   | 3:51         | 4        | 1:03:55     | 4         | 1:03:55      |