



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

cool runnings

Number: 26

Course: 171.30 km
Blankenstein-Hörschel

Category:
Mixstaffel

Total time: 14:26:24

Speed: 11.84 km/h

Running performance: 5:04 min/km

Rank in course: 84 (of 223)

Best time in course: 9:57:53

Rank in category: 14(of 68)

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:30:59	5:17	48	24:25	168	31:46	17.20	1:30:59	5:17	39		224	31:46
Schildwiese	20.10	1:31:29	4:33	21	21:29	82	24:41	37.30	3:02:28	4:53	39		224	56:27
Neuhaus/ Gewerl	15.50	1:29:35	5:46	27	20:30	128	33:16	52.80	4:32:03	5:09	39		224	1:29:43
Masserberg	19.80	1:33:42	4:43	32	27:09	133	30:30	72.60	6:05:45	5:02	39		224	1:58:47
Allzunah	16.80	1:28:45	5:16	15	21:07	78	25:13	89.40	7:34:30	5:05	39		224	2:22:06
Grenzadler	19.80	1:46:52	5:23	42	35:50	154	35:50	109.20	9:21:22	5:08	39		224	2:57:08
Neue Ausspanne	13.80	1:13:59	5:21	17	14:12	110	26:43	123.00	10:35:21	5:09	39		223	3:23:51
Kleiner Inselsber	13.90	1:11:03	5:06	12	11:01	69	22:07	136.90	11:46:24	5:09	39		148	3:45:58
Hohe Sonne	19.70	1:35:30	4:50	22	25:58	95	26:22	156.60	13:21:54	5:07	39		222	4:12:20
Hörschel	14.70	1:04:30	4:23	3	1:28	19	16:11	171.30	14:26:24	5:03	14	2:52:40	84	4:28:31