



13. Rennsteig-Staffellauf
Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

LG Rippershausen

Number: 104

Course: 171.30 km
Blankenstein-Hörschel

Category:
Männerstaffel

Total time: 13:33:47

Speed: 12.61 km/h

Running performance: 4:45 min/km

Rank in course: 44 (of 223)

Best time in course: 9:57:53

Rank in category: 35(of 142)

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:21:50	4:45	74	22:37	90	22:37	17.20	1:21:50	4:45	36	22:37	52	22:37
Schildwiese	20.10	1:27:05	4:19	40	20:17	56	20:17	37.30	2:48:55	4:31	36	42:54	52	42:54
Neuhaus/ Gewerl	15.50	1:23:03	5:21	65	26:44	80	26:44	52.80	4:11:58	4:46	36	1:09:38	52	1:09:38
Masserberg	19.80	1:18:58	3:59	28	15:46	35	15:46	72.60	5:30:56	4:33	36	1:23:58	52	1:23:58
Allzunah	16.80	1:19:31	4:43	19	15:59	23	15:59	89.40	6:50:27	4:35	36	1:38:03	52	1:38:03
Grenzadler	19.80	1:28:14	4:27	21	16:24	29	17:12	109.20	8:18:41	4:34	36	1:54:27	52	1:54:27
Neue Ausspanne	13.80	1:04:08	4:38	34	16:52	36	16:52	123.00	9:22:49	4:34	35	2:11:19	51	2:11:19
Kleiner Inselsber	13.90	1:10:29	5:04	53	21:33	64	21:33	136.90	10:33:18	4:37	35	2:32:52	51	2:32:52
Hohe Sonne	19.70	1:37:22	4:56	82	28:14	112	28:14	156.60	12:10:40	4:39	35	3:01:06	51	3:01:06
Hörschel	14.70	1:23:07	5:39	101	34:48	138	34:48	171.30	13:33:47	4:45	35	3:35:54	44	3:35:54