



# 13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

## Detailed evaluation

arthrose

Number: 20

Course: 171.30 km  
Blankenstein-Hörschel

Category:  
Mixstaffel

Total time: 14:34:19

Speed: 11.73 km/h

Running performance: 5:06 min/km

Rank in course: 89 (of 223)

Best time in course: 9:57:53

Rank in category: 15(of 68)

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:24:57	4:56	25	18:23	115	25:44	17.20	1:24:57	4:56	38		150	25:44
Schildwiese	20.10	1:35:25	4:44	29	25:25	114	28:37	37.30	3:00:22	4:50	38		63	54:21
Neuhaus/ Gewerl	15.50	1:27:12	5:37	22	18:07	113	30:53	52.80	4:27:34	5:04	38		224	1:25:14
Masserberg	19.80	1:32:05	4:39	30	25:32	125	28:53	72.60	5:59:39	4:57	38		224	1:52:41
Allzunah	16.80	1:28:44	5:16	14	21:06	77	25:12	89.40	7:28:23	5:00	38		224	2:15:59
Grenzadler	19.80	1:38:42	4:59	27	27:40	99	27:40	109.20	9:07:05	5:00	38		224	2:42:51
Neue Ausspanne	13.80	1:11:46	5:12	11	11:59	96	24:30	123.00	10:18:51	5:01	38		223	3:07:21
Kleiner Inselsber	13.90	1:11:17	5:07	15	11:15	76	22:21	136.90	11:30:08	5:02	38		222	3:29:42
Hohe Sonne	19.70	1:42:53	5:13	44	33:21	161	33:45	156.60	13:13:01	5:03	38		222	4:03:27
Hörschel	14.70	1:21:18	5:31	26	18:16	124	32:59	171.30	14:34:19	5:06	15	3:00:35	89	4:36:26