13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

48er VR Bank Coburg FrauenTeam

Total time: 14:46:55

Speed: 11.57 km/h

Running performance: 5:11 min/km

Number: 9

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 101 (of 223)

Best time in course: 9:57:53

Category:

Frauenstaffel

Rank in category: 3(of 13)

Best time in the category: 13:39:23

Intermediate times

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
	Stage score							Total ranking						
Grumbach	17.20	1:31:07	5:17	5	17:33	170	31:54	17.20	1:31:07	5:17	3	17:33	224	31:54
Schildwiese	20.10	1:55:43	5:45	10	30:08	203	48:55	37.30	3:26:50	5:32	3	39:05	224	1:20:49
Neuhaus/ Gewerl	15.50	1:33:02	6:00	4	20:23	154	36:43	52.80	4:59:52	5:40	3	59:28	224	1:57:32
Masserberg	19.80	1:30:23	4:33	1	-	115	27:11	72.60	6:30:15	5:22	3	57:32	224	2:23:17
Allzunah	16.80	1:32:43	5:31	3	18:04	108	29:11	89.40	8:02:58	5:24	3	1:15:36	224	2:50:34
Grenzadler	19.80	1:37:53	4:56	1	-	91	26:51	109.20	9:40:51	5:19	3	1:13:08	210	3:16:37
Neue Ausspanne	13.80	1:07:22	4:52	1	-	51	20:06	123.00	10:48:13	5:16	3	1:11:46	223	3:36:43
Kleiner Inselsber	13.90	1:11:11	5:07	2	2:12	72	22:15	136.90	11:59:24	5:15	3	1:13:58	222	3:58:58
Hohe Sonne	19.70	1:33:52	4:45	2	1:42	86	24:44	156.60	13:33:16	5:11	3	1:04:29	222	4:23:42
Hörschel	14.70	1:13:39	5:00	3	3:03	68	25:20	171.30	14:46:55	5:10	3	1:07:32	101	4:49:02