



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

Potsdam X-treme

Total time: 13:54:40

Number: 160

Speed: 12.29 km/h

Running performance: 4:52 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 62 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 51(of 142)

Männerstaffel

Best time in the category: 9:57:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:04:00	3:43	6	4:47	6	4:47	17.20	1:04:00	3:43	52	4:47	73	4:47
Schildwiese	20.10	1:39:40	4:57	95	32:52	136	32:52	37.30	2:43:40	4:23	52	37:39	73	37:39
Neuhaus/ Gewerl	15.50	1:27:04	5:37	87	30:45	110	30:45	52.80	4:10:44	4:44	52	1:08:24	73	1:08:24
Masserberg	19.80	1:23:28	4:12	45	20:16	58	20:16	72.60	5:34:12	4:36	52	1:27:14	73	1:27:14
Allzunah	16.80	1:40:48	6:00	117	37:16	157	37:16	89.40	7:15:00	4:51	52	2:02:36	73	2:02:36
Grenzadler	19.80	1:33:21	4:42	44	21:31	58	22:19	109.20	8:48:21	4:50	52	2:24:07	73	2:24:07
Neue Ausspanne	13.80	1:02:13	4:30	26	14:57	28	14:57	123.00	9:50:34	4:48	51	2:39:04	72	2:39:04
Kleiner Inselsber	13.90	1:16:51	5:31	95	27:55	131	27:55	136.90	11:07:25	4:52	51	3:06:59	72	3:06:59
Hohe Sonne	19.70	1:37:18	4:56	81	28:10	111	28:10	156.60	12:44:43	4:52	51	3:35:09	72	3:35:09
Hörschel	14.70	1:09:57	4:45	36	21:38	45	21:38	171.30	13:54:40	4:52	51	3:56:47	62	3:56:47