



13. Rennsteig-Staffellauf

Blankenstein bis Hörschel / 18.06.2011

Detailed evaluation

m & i Fachklinik Bad Liebenstein

Total time: 14:57:52

Number: 99

Speed: 11.43 km/h

Running performance: 5:14 min/km

Course: 171.30 km

Blankenstein-Hörschel

Rank in course: 113 (of 223)

Best time in course: 9:57:53

Category:

Rank in category: 19(of 68)

Mixstaffel

Best time in the category: 11:33:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Grumbach	17.20	1:22:06	4:46	16	15:32	95	22:53	17.20	1:22:06	4:46	68		224	22:53
Schildwiese	20.10	1:35:19	4:44	28	25:19	113	28:31	37.30	2:57:25	4:45	68		224	51:24
Neuhaus/ Gewerl	15.50	1:35:20	6:09	43	26:15	168	39:01	52.80	4:32:45	5:09	68		224	1:30:25
Masserberg	19.80	1:33:03	4:41	31	26:30	131	29:51	72.60	6:05:48	5:02	68		224	1:58:50
Allzunah	16.80	1:40:14	5:57	32	32:36	150	36:42	89.40	7:46:02	5:12	68		224	2:33:38
Grenzadler	19.80	1:38:03	4:57	26	27:01	95	27:01	109.20	9:24:05	5:09	68		224	2:59:51
Neue Ausspanne	13.80	1:13:58	5:21	16	14:11	109	26:42	123.00	10:38:03	5:11	68		223	3:26:33
Kleiner Inselsber	13.90	1:14:51	5:23	24	14:49	113	25:55	136.90	11:52:54	5:12	68		222	3:52:28
Hohe Sonne	19.70	1:50:16	5:35	52	40:44	192	41:08	156.60	13:43:10	5:15	68		222	4:33:36
Hörschel	14.70	1:14:42	5:04	13	11:40	72	26:23	171.30	14:57:52	5:14	19	3:24:08	113	4:59:59