



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Kochskämper, Siegfried

Club: TV Beckum

Number: 10126

Course: 10.00 km

Nordic Walking 10 km

Total time: 1:11:27

Speed: 8.40 km/h

metres in height up: 94

Course score: 11.41

performance score: 96 Points