



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Luhmann, Mechthild

Club: Post SV Unna
Number: 10137

Course: 10.00 km
Nordic Walking 10 km

Total time: 1:13:38

Speed: 8.15 km/h

metres in height up: 94
Course score: 11.41
performance score: 93 Points