



1. DJK Walking-Day  
Lünen Brambauer / 18.06.2011

Detailed evaluation

Fuhr, Rüdiger

Club: TUS Müsen

Number: 10105

Course: 10.00 km

Nordic Walking 10 km

Total time: 1:18:02

Speed: 7.69 km/h

metres in height up: 94

Course score: 11.41

performance score: 88 Points