



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Koslowski, Holger

Club: Walking-Treff-Möhnesee e.V.
Number: 10033

Course: 10.00 km

Nordic Walking 10 km

Total time: 1:18:13

Speed: 7.67 km/h

metres in height up: 94

Course score: 11.41

performance score: 88 Points