



1. DJK Walking-Day  
Lünen Brambauer / 18.06.2011

## Detailed evaluation

**Knott, Karl-Heinz**

Club: Fortuna Müllekoven  
Number: 10103

Course: 10.00 km  
Nordic Walking 10 km

Total time: 1:19:16

Speed: 7.57 km/h

metres in height up: 94  
Course score: 11.41

performance score: 86 Points