



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Früh, Georg

Club: Laufteam Gescher
Number: 10109

Course: 10.00 km
Nordic Walking 10 km

Total time: 1:26:05

Speed: 6.97 km/h

metres in height up: 94
Course score: 11.41

performance score: 80 Points