



1. DJK Walking-Day
Lünen Brambauer / 18.06.2011

Detailed evaluation

Sieger, Heike

Club: Jammern nützt nichts
Number: 10149

Course: 10.00 km
Nordic Walking 10 km

Total time: 1:32:35

Speed: 6.48 km/h

metres in height up: 94
Course score: 11.41

performance score: 74 Points