



1. DJK Walking-Day  
Lünen Brambauer / 18.06.2011

Detailed evaluation

Pohl, Christa

Club: Hamm

Number: 10101

Course: 10.00 km

Nordic Walking 10 km

Total time: 1:38:06

Speed: 6.12 km/h

metres in height up: 94

Course score: 11.41

performance score: 70 Points